



# Seasonal Flu Get the shot, not the flu!

## **Mount Carmel Clinic is holding our annual drop-in flu clinic on the following dates:**

Tuesday, October 18	9:30 a.m. - 4:30 p.m.
Thursday, October 20	1:15 p.m. - 4:30 p.m.
Friday, October 21	9:30 a.m. - 4:30 p.m.
Thursday, October 27	9:30 a.m. - 4:30 p.m.
Friday, November 4	9:30 a.m. - 4:30 p.m.

*Please remember to bring your Manitoba health card with you.  
Also you will be required to wait 15 minutes following your Flu vaccine.*

### **OTHER FLU CLINICS IN THE AREA**

<b>North End Wellness Centre 2<sup>nd</sup> Floor-363 McGregor Street</b>		<b>Access Downtown 640 Main Street</b>	
Tuesday, Oct. 18	9:30 a.m.-8:00 p.m.	Tuesday, Oct. 18	9:30 a.m.-4:00 p.m.
Wednesday, Oct. 19	9:30 a.m.-8:00 p.m.	Wednesday, Oct. 19	9:30 a.m.-4:00 p.m.
Thursday, Oct. 20	9:30 a.m.-8:00 p.m.	Thursday, Oct. 20	9:30 a.m.-4:00 p.m.
Friday, Oct. 21	9:30 a.m.-4:00 p.m.	Friday, Oct. 21	9:30 a.m.-4:00 p.m.