

# Diabetes Education Drop In

For People living in Point Douglas

Got Questions?



Get Answers

**Talk to the Diabetes Nurse,  
Dietitian, or Foot Care Nurse:  
Ask the questions that you want on:**

- ▶ **Glucose meters**
- ▶ **Healthy Eating**
- ▶ **Foot Problems**
- ▶ **Medicines**
- ▶ **Physical Activity**
- ▶ **and More!!**

## Every Monday

### 10:30 to 11:30 A.M.

<u>2010:</u>	Jan 4	Feb 1	March 1	April 5
	Jan 11	Feb 8	March 8	April 12
	Jan 18	<i>Feb 15</i>	March 15	April 19
	Jan 25	<i>clinic closed</i>	March 22	April 19
		Feb 22	March 29	April 26

**Drop in at Mount Carmel Clinic Boardroom**

886 Main Street  
[www.mountcarmel.ca](http://www.mountcarmel.ca)

**Next dates:**

**2009**

